TBI Therapy Pre-Treatment Protocol

Patient should begin the following program 3 weeks before treatment at TBI Therapy. Each treatment and supplement are highly recommended for optimal results.

I. Hyperbaric Oxygen Therapy: 10-40 sessions
   A. Non-locals: Find an HBOT clinic (search here) or rent/purchase an at-home chamber through TBI Therapy
   B. Locals: Schedule an appointment with our providers at 888-489-6665

II. Cranial Osteopathy: 1 session per week
   A. Non-locals: Find an osteopathic physician (search here)
   B. Locals: Schedule an appointment with our providers at 888-489-6665

III. EEG Biofeedback / Neurofeedback: 1 session per week
   A. Non-locals: Find a neurofeedback provider (search here)
   B. Locals: Schedule an appointment with Dr. Mary Ann Keatley, PhD at 303-447-1257

IV. Brainwave Training Player: 30 minutes a day
   A. Mailed by Dr. Hughes’ office upon request

V. Supplements: Begin 15 days before PRP or stem cell treatment
   A. Stem XCell by Enzymedica: 2 pills 2x/day
      Two bottles will be needed throughout treatment
   B. Brain Octane by Bulletproof: 1 tbsp 2x/day with meals
      Three to four bottles will be needed throughout treatment
   C. Elk Antler by High Wire Ranch: 2 pills 2x/day
      Four bottles will be needed throughout treatment
   D. E3 Live BrainON: 1 pill in am; 2 pills in pm
      One bottle will be needed throughout treatment
   E. Qualia by Neurohacker Collective: ONLY IF RECOMMENDED BY DR. HUGHES
   F. Mexidol: ONLY IF RECOMMENDED BY DR. HUGHES

Please follow up with TBI Therapy with any questions or more information about this program. TBI Therapy can deliver the supplements upon request. 888-489-6665