



TBI Therapy Pre-Treatment Protocol

Patient should begin the following program 3 weeks before treatment at TBI Therapy.
Each treatment and supplement is highly recommended for optimal results.

- I. **Hyperbaric Oxygen Therapy: 10-40 sessions**
 - Locals: Schedule an appointment at 970-927-0466
 - Non-Locals: [Find an HBOT clinic here](#)
 - Other options: [Purchase an at-home chamber](#)

- II. **Cranial Osteopathy: 1 session per week**
 - Locals: Schedule an appointment with our providers at 888-489-6665
 - Non-locals: Find an osteopathic physician ([search here](#))

- III. **Nutrition / Supplements: Begin 15 days before PRP and Stem Cell Treatment**
 - [Stem XCell by Enzymedica](#): 2 pills 2x/day
 - Two bottles will be needed throughout treatment
 - [Wild MCT Oil by Wild Foods](#): 1 tbsp 2x/day with meals
 - Three to four bottles will be needed throughout treatment
 - [Elk Antler by High Wire Ranch](#): 2 pills 2x/day
 - Four bottles will be needed throughout treatment
 - [E3 Live BrainON](#): 1 pill in am; 2 pills in pm
 - One bottle will be needed throughout treatment

Please follow up with TBI Therapy with any questions about these treatments.