



## TBI Therapy Pre-Treatment Protocol

Patient should begin the following program 3 weeks before treatment at TBI Therapy.  
Each treatment and supplement is highly recommended for optimal results.

- I. **Hyperbaric Oxygen Therapy: 10-40 sessions**
  - Locals: Schedule an appointment at 970-927-0466
  - Non-Locals: [Find an HBOT clinic here](#)
  - Other options: [Purchase an at-home chamber](#)
  
- II. **Cranial Osteopathy: 1 session per week**
  - Locals: Schedule an appointment with our providers at 970-927-0466
  - Non-locals: Find an osteopathic physician ([search here](#))
  
- III. **Nutrition / Supplements: Begin 15 days before PRP and Stem Cell Treatment**
  - [Stem XCell by Enzymedica](#): 2 pills 2x/day
    - Two bottles will be needed throughout treatment
  - [Elk Antler by High Wire Ranch](#): 2 pills 2x/day
    - Four bottles will be needed throughout treatment
  - [E3 Live BrainON](#): 1 pill in am; 2 pills in pm
    - One bottle will be needed throughout treatment

Please follow up with TBI Therapy with any questions about these treatments.