

## STANDARD PRP and Stem Cell Package

### I. Hyperbaric Oxygen Therapy (HBOT)

[tbitherapy.com/hbot](http://tbitherapy.com/hbot)

Benefits: Angiogenesis, decreased inflammation, tissue regrowth, mobilization of stem cells, increased metabolic activity

### II. Intranasal PRP/Insulin and Intravenous PRP (Platelet Rich Plasma)

[tbitherapy.com/prp](http://tbitherapy.com/prp)

Benefits: Regrowth of brain collagen, activation and targeting of stem cells, increased angiogenesis, decreased inflammation (decreased cox 1, 2), reduction of b-amyloid proteins (that result in memory loss), increased brain glucose utilization, increased neurogenesis, decreased cortisol

### III. Intranasal and Intravenous PRP-PBSC (Peripheral Blood Stem Cells)

[tbitherapy.com/adult-stem-cells](http://tbitherapy.com/adult-stem-cells)

Benefits: Regenerative and therapeutic properties, increased growth and healing factors, that initiate repair and attract the critical assistance of stem cells.

### IV. IV Nutrition

[tbitherapy.com/cellular-nutrition](http://tbitherapy.com/cellular-nutrition)

Benefits: Improved metabolic activity, improved detoxification, reduction of systemic pain and inflammation

### V. Cranial Osteopathy

[tbitherapy.com/cranial-osteopathy](http://tbitherapy.com/cranial-osteopathy)

Benefits: Improved CSF flow, reduction of headache pain, improved nourishment

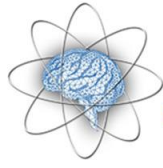
### VI. Ketogenic Diet and Nutritional Consult with Dr. Sasha Hope

[tbitherapy.com/cellular-nutrition](http://tbitherapy.com/cellular-nutrition)

Benefits: Improved protection from oxidative stress, increased synthesis of calming neurotransmitters (including GABA)

### VII. Bloodwork

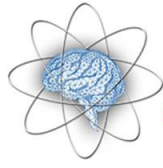
Hormone panel



**TBI Therapy**  
Regenerative Therapy for Brain Injury

## VIII. Dietary Supplements

1. [Elk Antler by High Wire Ranch](#) - Anti-aging factors, immune system support and fortification mood disorders, blood enrichment, fighting liver disease, bone and joint health including management of pain associated with arthritis, bone and muscle growth and development, energy as well as many other benefits.
2. [BrainON by E3Live](#) - Promotes mood balance, enhanced focus, ability to manage everyday stress, modulates neurotransmitters, supports healthy inflammation responses.
3. [Stem XCell by Enzymedica](#) - Contains a university-researched blend, NT-020, consisting of Blueberry, Vitamin D, Green Tea Extract and Carnosine. Scientific data suggests supplementation of NT-020 promotes the growth and health of stem cells, encouraging cell renewal. Unique enzyme blends have been added to protect the cells from the harmful effects of free radicals and help support the proliferation of stem cells.\*



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## STANDARD PRP and Stem Cell Package Example of Schedule

### Day One

Consult with Dr. Hughes and cranial osteopathy (60 min)

HBOT (90 min)

Blood draw and IV – PRP (60 min)

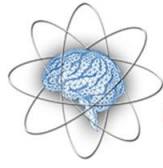
Intranasal PRP and Insulin (30 min)

### Day Two

IV NAD and Peripheral Blood Stem Cells (60 min)

Intranasal Peripheral Blood Stem Cells (30 min)

HBOT (90 min)



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## STANDARD PRP and Stem Cell Package Cost

1. 60 Minute Physician Consultation
2. Cranial Osteopathy
3. Hyperbaric Oxygen Therapy (2 sessions)
4. Intranasal PRP (Platelet Rich Plasma) and Insulin
5. Intravenous PRP (Platelet Rich Plasma) + Nutrition
6. Intranasal PRP-PBSC (Peripheral Blood Stem Cells)
7. Intravenous PRP-PBSC (Peripheral Blood Stem Cells) + NAD
8. Supplements: Elk Antler, BrainOn, Stem Xcell
9. 10 days of at-home-use of intranasal insulin
10. Ketogenic Diet and Nutritional Counseling with Dr. Sasha Hope
11. Bloodwork – hormone panel and 2-month follow up care

See if you qualify for treatment at [tbitherapy.com/questionnaire](https://tbitherapy.com/questionnaire)

Visit [www.tbitherapy.com](https://www.tbitherapy.com) for more in-depth information about each of these protocols and their benefits as well as adjunctive therapies. Please follow up with Dr. Hughes' office with any questions or information about these treatments.